

# Wildcat Softball Policies

## Coaches Expectations

1. Have a good attitude.
2. Show positive sportsmanship.
3. Be enthusiastic.
4. Have self-discipline; don't wait to be told, JUST DO IT!
5. Remain chemically free.
6. Be honest and loyal.
7. Work hard and hustle at all times.
8. Cooperate with each other and your coaches.
9. Be AGGRESSIVE!!
10. Work to improve, you should get better with each practice.
11. Remember you practice how you play!

## Player Conduct

1. Follow sportsmanship guidelines at all times.
2. Respect all teams, coaches, fans and officials.
3. Support each other at all levels of the program.
4. Keep all language clean. This includes on the field, in the classrooms, hallways, and even at home.
5. Maintain academic eligibility-pass a minimum of five classes.

## Equipment

1. You are responsible for the equipment that is issued to you. It is your responsibility to take care of you equipment and bring it to and from practices and games.
2. All equipment must be turned in prior to receiving any awards.
3. Any lost or damaged equipment must be paid for at the end of each season.

## Team Travel

1. All players must ride bus to and from games when busing is provided.
2. Players must show respect and self-discipline on the bus.
3. Players are to remember they are representing Eagan High School.
4. Players should also encourage each other to act appropriately.

## Practice and Games

1. All athletic participation cards must be turned in before you are allowed to practice/play.
2. Full effort and attention is expected at each practice and game.

3. Show enthusiasm on and off the field.
4. Each player is expected to demonstrate leadership not just the captions.
5. If you are absent from school for more than half a day, you may not practice or play in a game schedules for that day.
6. Players with an unexcused absence from practice or games will be suspended for a period of time. All absences must be indicated to your coaching staff.

### **School Discipline**

1. Players should never be suspended from school, assigned ISS or detention. Again these situations will allow for suspension for a period of time from practice and/or games.
  - a. One day is ISS/Detention; player will not be allowed to participate that day.
  - b. Second day of ISS/Detention, player will not be allowed to participate twice as many days as assigned to ISS/Detention.
  - c. Third day of ISS/Detention, you will be asked to leave the team.
  - d. Out-of-school suspension, you can't participate until you are back in school. If given out-of-school suspension a second time you will be asked to leave the team.

**Remember you are representing Eagan High School with *Class!!***